

ASTHMA ACTION / MEDICATION PLAN

SCHOOL DISTRICT

Student's Name _____ Section/Grade _____

School _____ School Year _____

Parent/Guardian Name: _____ Parent/Guardian Phone # _____

Emergency Contact: _____ Emergency Phone# _____

Doctor's Name _____ Doctor's Phone# _____

Effective management of a child with asthma during school requires a partnership between the parent, doctor and the school team. In order to meet the specific needs of your child with asthma, please have your Doctor or Health Care provider complete this asthma form.

Type of Asthma _____

Asthma aggravated by: Allergies _____ Exercise _____ Weather _____ Other _____

Medication(s): _____

Dosage: _____

Time(s) to be taken: _____

Frequency of additional doses (list): _____

Side Effects or Cautions (list): _____

Allergies _____

Other Medications taken _____

Peak flow reading, (personal best): _____

Instructions RE: How do you want the school to treat an acute episode? (Please be specific)

Restrictions in sports participation & school activities: (list)

Permission to carry inhaler medication on person: Yes _____ No _____

Physician's Name _____ Telephone Number _____

Physician's signature _____ Date Last Visit: _____

Parent/Guardian's signature _____ Date _____

THIS FORM MUST BE UPDATED EVERY SCHOOL YEAR EVEN IF THERE ARE NO CHANGES.

The reverse side of this form must be completed for self-administration of asthma medication/inhalers only.